

WEEK ONE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Cheese and Tomato Pasta Bake ✓ Wholewheat penne with the ultimate tomato sauce topped with cheese	All Day Breakfast ✓ Grilled sausage, egg, beans, tomato and hash brown	Roast Chicken and Gravy with Mash ▲ Chicken fillets with mash, stuffing and gravy	Chicken Curry and Rice ▲ Marinated chicken thigh pieces in a buttery curry sauce with rice	Golden Fish Fingers or Salmon Fish Fingers and Chips ▲ MSC salmon MSC pollock fish fingers with chips and peas
Vegetarian Section	Quorn Meatballs and Spaghetti ✓ Quorn meatballs in a tasty tomato sauce with wholewheat spaghetti	Veggie All Day Breakfast ✓ Veggie sausage, egg, beans, tomato and hash brown	Quorn Roast and Gravy with Mash ✓ Quorn roast with mash, sage and onion stuffing and gravy	Cauliflower and Lentil Jalfrezi and Rice ✓ Lightly spiced cauliflower and lentil curry with rice	Cheese and Bean Wrap and Chips ✓ Half a wholewheat wrap stuffed with baked beans and cheese
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■				
Jacket Potatoes	Jacket Potato with Toppings ◆				
The Finale	Italian Crumble Cake Crumble base filled with apples topped with even more crumble	Winter Sponge Orange and cinnamon sponge with a twist!	Fruity Loaf Mixed dried fruit cake with soft brown sugar and cinnamon	New York Cheesecake Baked cheesecake with fruit topping	Lemon Cookie Zesty lemon cookie with juicy fruit

Served with Seasonal Vegetables

Fresh baked bread Available

Fresh Fruit Dessert Option

Yoghurt Dessert Option

Allergy information Available

WEEK TWO

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Cheese and Tomato Pizza  Pizza topped with tomato sauce and cheese	Beef Lasagne  Layers of pasta with minced beef and tomato sauce topped with cheese	Sausage with Mash  Pork sausage with mash and gravy	Chicken Fajitas  Marinated chicken with sliced vegetables, rice and a wheat wrap	Golden Fish Fingers and Chips MSC pollock fish fingers with chips
Vegetarian Section	Tomato and Roasted Veggie Risotto  Roasted peppers, courgettes and tomatoes with edamame beans and rice	Vegetable Lasagne  Layers of pasta with vegetables and tomato sauce topped with cheese	Quorn Sausage with Mash  Quorn sausage with Mash and gravy	Quorn Fajitas  Marinated Quorn with sliced vegetables, rice and a wheat wrap	Sticky Onion and Cheddar Quiche and Chips  Wholemeal pastry with a caramelised onion and cheddar filling.
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit 				
Jacket Potatoes	Jacket Potato with Toppings 				
The Finale	Tiramisu Soft cheese and cream layers with sponge and cocoa	Winter Fruit Brulee Dessert pot with berries, cream and yoghurt with a crunchy topping	Apple and Berry Crumble Baked apples and berries topped with an oaty crumble	Mexican Chocolate Pudding Chocolate and cinnamon flavoured sponge and sauce..	Ginger Cookie and Fruit Slices Ginger Cookie with juicy fruit

Served with Seasonal Vegetables

Fresh baked bread Available

Yoghurt Dessert Option

Fresh Fruit Dessert Option

Allergy information Available

WEEK THREE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
	Macaroni Cheese ✓	Minced Beef Pie ▲	Roast Chicken and Gravy with Roast Potatoes ▲	Hot Dog and BBQ Beans ▲	Golden Fish Fingers and Chips
Main Event	Baked cheesy pasta with a crunchy topping	Minced beef and carrot pie with gravy and mash	Chicken fillets with roast potatoes, sage and onion stuffing and gravy	Hot Dog sausage in a roll with BBQ flavoured beans	MSC pollock fish fingers with chips
	Quorn Bolognese ✓	Crispy Topped Vegetarian Pie ✓	Quorn Roast and Gravy with Roast Potatoes ✓	Veggie Dog and BBQ Beans ✓	Cheese & Tomato Pinwheel with Chips ✓
Vegetarian Section	Quorn, vegetable and tomato sauce with wholewheat spaghetti	Crunchy vegetables in sauce with sliced potato topping	Quorn Roast with Roast potatoes, sage and onion stuffing and gravy	Veggie sausage in a roll with BBQ flavoured beans	Baked bread base with cheese and tomato filling with chips
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■				
Jacket Potatoes	Jacket Potato with Toppings ◆				
	Lemon Drizzle Flapjack	Sticky Ginger Cake	Fruity Rice Pudding	Vanilla and Blueberry Blondie	Oaty Energy Cookie
The Finale	Oaty flapjack topped with a lemon drizzle	Traditional sticky ginger sponge with custard.	Chilled rice pudding with caramelised pineapple	Chewy, fruity traybake with vanilla and blueberries	Oat Cookie with juicy fruit

Served with Seasonal Vegetables

Fresh baked bread Available

Yoghurt Dessert Option

Fresh Fruit Dessert Option

Allergy information Available