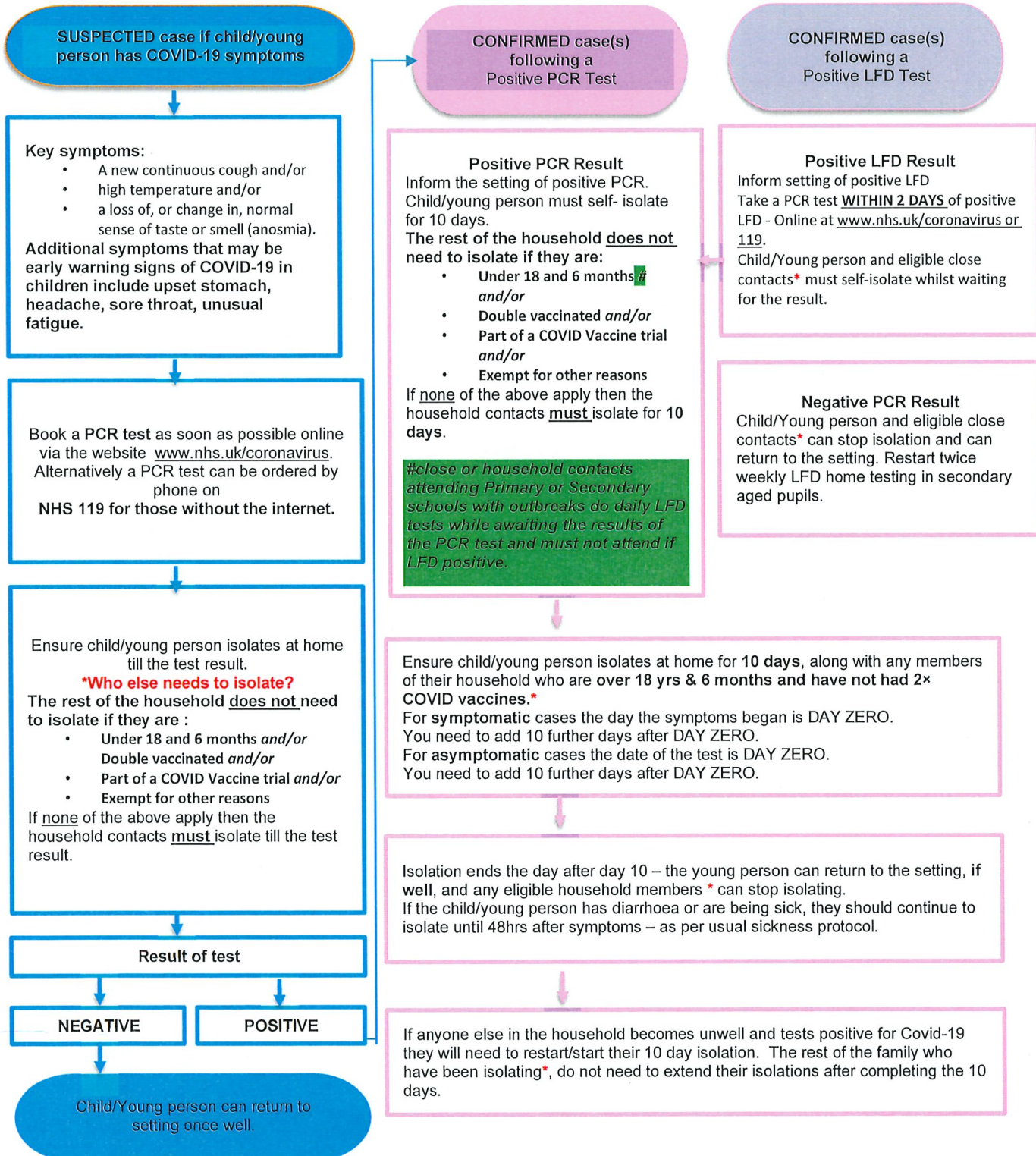


## COVID-19 Guidance for Parents/Carers from 1<sup>st</sup> Nov to 10<sup>th</sup> Dec

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a child/young person please follow the flow chart below



- We continue to ask families/children to wash hands regularly, keep spaces well ventilated, wear face covering in crowded, public indoor areas.
- Face covering are to be worn on transport to and from educational settings.
- LFD test = Lateral Flow Device tests are rapid tests that can be used at home and the result is available after 30 minutes.
- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a positive PCR test result, unless you develop new symptoms.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms. If you have symptoms book a PCR test.
- LFD tests are safe to use in pregnancy. They should not be used in children under 12 years (unless in secondary school).
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as a close contact \* of a positive case, a negative LFD test does not mean you can stop isolating unless part of a workplace scheme.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.