

Actions to go with letter sounds (phonemes) a-z

- Aa use hand to make ants crawl up your arm
- Bb pretend to bounce a ball
- Cc play a castanet
- Dd play a drum
- Ee crack an egg open
- Ff push the air out of an inflatable fish held in hand
- Gg water going down a plughole – make circular action
- Hh pretend to run
- Ii itchy nose – scratch with finger
- Jj juggling balls in the air
- Kk play a castanet
- Ll lick a lolly
- Mm rub tummy – as if just eaten lovely food
- Nn put arms out to make an aeroplane
- Oo press an imaginary button on and off
- Pp blow out candle (make candle with index finger)
- Qq duck's mouth – put hands together to open and close
- Rr pretend pulling a toy rope in a dogs mouth
- Ss use arm to make a slithering snake
- Tt move arm backwards and forwards as if ticking like a clock
- Uu put up an umbrella
- Vv drive a van – hold the steering wheel
- Ww wind blowing – blow gently across the palm of hand
- Xx blowing kisses
- Yy eating a yoghurt
- Zz bees buzzing – wiggle fingers above head