

Spring / Summer 2019



NOW
EVERY DAY

Choose our
packed lunch with a
sandwich or roll with a range
of fillings, healthy snack,
home baked cake and piece
of fruit.

w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 2nd Sept, 23rd Sept

Monday	Tuesday	Wednesday	Thursday	Friday
Loaded Mac n Cheese and Garlic Focaccia ▲	Bangers and Mash	Roast Pork and Gravy	Chinese Chicken Noodles	Fish Fingers and Chips
Bean and Cheese Wrap V	Vegan Quorn Bangers and Mash	Cherry Tomato and Rocket Tart	Sweet Potato Balli with Basmati Rice	Quorn Brunch Muffin and Chips
Italian Orange Cake	Banana Bread and Butter Pudding with Custard	Honey Picnic Flapjack	Berry Eton Mess	Cookie and Shake Oat Cookie & Chocolate Milkshake

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 9th Sept, 30th Sept

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Mozzarella Pizza with Wedges Fresh Tomato and Basil ▲	Beef Bolognese with Spaghetti	Lemon Roast Chicken with Sage and Onion Stuffing and Gravy	All American Turkey Twist Burger in Wholemeal Bun	Crispy Battered Fish and Chips
Wholemeal Penne V Pasta Neapolitan	Cheddar Cheese and V Spinach Quiche with New Potatoes	Quorn Roast with Stuffing and Gravy	Chunky Chili Tacos V with Tangy Salsa	Picnic Pitta with Minty Cucumber Salad and Chips
Tiramisu Trifle Pot	Toffee Apple Tart and Custard	Ice Cream Tub	Mini Chocolate Brownie with Orange Wedge	Cookie and Shake Ginger Cookie and Vanilla Honey Shake

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 16th Sept

Monday	Tuesday	Wednesday	Thursday	Friday
Firecracker Pizza with Herb Wedges ▲	Root Mash Topped Cottage Pie	Roast Gammon with Sticky Pineapple	Punjabi Butter Chicken with Rice	Fish Fingers and chips
Broccoli and Salmon Pasta Bake	Smoky Quorn Meatballs in a tomato Sauce and Yellow Rice	Vegetable Lasagne	Butternut Squash Risotto	Cheese and Marmite Muffin with chips
Apricot Biscotti Lemon Yoghurt	Butterscotch Tart	Magic Chocolate Pudding	Carrot and Pineapple Muffin	Cookie and Shake Lemon Cookie and Berry Milkshake

We offer seasonal
vegetables,
bread, yoghurt
and fruit daily.
(allergy information is
available)

Aspens

Meat
V Veggie
Jacket Potato
Packed Lunch

