Spring 2019

WEEK 1 commencing, 7th Jan, 28th Jan

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	v **Vegetarian Brunch** Handmade vegetable pattie, frittata, beans & tomato	v **Cauliflower & Broccoli Cheese** with herby bread	v **Quorn Roast** with gravy & potatoes	**Pasta Bar** with selection of homemade sauces	v **Mini Cheese Pinwheel** with chips & tomato sauce
	▲ **Brunch (Meat)** Handmade pork pattie, frittata, beans & tomato	▲ **Beef Lasagne**	▲ **Roast Chicken** with stuffing, gravy & potatoes	v Tomato & Basil ▲ Beef Bolognese ▲ Carbonara with Ham	**Golden Fish Fingers (Cod & Salmon)** with chips
	Pineapple Upside Down Cake	**Tutti Frutti Tuesday** Strawberry Mousse & fruit	**Cheese & Crackers** with fruit	**Winter Sponge**	**Apple Flapjack**

WEEK 2 commencing 14th Jan, 4th Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2	v **Sweet Potato & Chickpea Curry** with wholemeal rice	v **Cheese, Potato & Leek Bake** with baked beans	v **Shepherdess Hotpot** with gravy	v **Macaroni Cheese** with herby bread	v **Quorn Meatball Sub** with homemade tomato sauce
	▲ **Pork Sausage** with mash & gravy	▲ **BBQ Chicken Burrito**	▲ **Roast Pork** with gravy & potatoes	▲ **Chicken Curry** with wholemeal rice	**Battered Fish** with chips
	Carrot Muffin	**Tutti Frutti Tuesday** Yoghurt, fruit & crunchy toppings	**Fruit Crumble** with custard	**Chocolate Crunch**	**Sultana and Oat Cookie** with fruit slices

WEEK 3 commencing 21st Jan, 11th Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3	v **Homemade Pizza** vegetarian toppings	v **Vegetable Lasagne**	v **Quorn Toad in the Hole** with gravy & potatoes	v **Crispy Topped Vegetarian Pie**	v **Cheese & Bean Wrap** with chips
	▲ **Homemade Pizza** meat toppings	▲ **Chicken & Vegetable Pie** with mash	▲ **Roast Turkey** with stuffing, gravy and potatoes	▲ **Homemade Beefburger** with oven baked wedges	**Golden Fish Fingers (Cod & Salmon)** with chips
	Shortbread Biscuit with fruit slices	**Tutti Frutti Tuesday** Yoghurt, fruit & crunchy toppings	**Apple & Banana Cake** with custard	**Winterberry Cheesecake**	**Jamaican Ginger Cake**

Option 1

Served on Monday

A baked jacket potato with a choice of

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)

▲ Meat
V Veggie
◆ Jacket Potato
■ Packed Lunch

Aspens

BUBBLE