

Reception Welcome Activity Pack 2020-21

We hope you enjoy completing some of these challenges and activity ideas at home over the summer. Please bring in this pack when you start school.

We can’t wait to see you in September.

About Me!

My name is …

_____

Can your child try to write their name? Did your child write with their left or right hand?

This is my family and special people.

Can your child draw their family and special people?

I am _____ years old.

To help your child find their things in the classroom they will be given a special logo to help them. However if they can recognise their own name it greatly improves their independence and confidence. Play hide and seek with their name and family members names – can they find their own!

My favourite…

My favourite activity is…

My favourite book is…

My favourite toy is…

My favourite food is…

My favourite animal is…

My favourite T.V programme is…

Can your child colour in the shapes their favourite colours?

Looking after myself!

Can you tick what your child can currently do by themselves? This is just to make the staff aware if any child will need additional support, so we can do so sensitively whilst promoting independence.



☐ Put on my coat.
☐ Fasten my coat.



☐ Put on my shoes.
☐ Fasten my shoes.



☐ Wash and dry my hands.



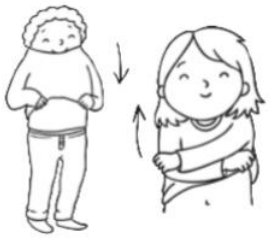
☐ Use the toilet by myself.



☐ Use a knife and fork.



☐ Open my lunchbox and snacks.



☐ get dressed.
☐ get undressed.

How to practise looking after yourself!

When buying school uniform ensure your child can dress themselves. Sometimes the fabric or larger size can really help. Think carefully about buttons, zips etc. Have timed races to practise.

Practise using knife and forks with soft food such as bananas, fish fingers, and strawberries. Have a teddy bear picnic and let your child help prepare the food.

Encourage regular toileting, emphasising closing the door, wiping themselves, pulling up trousers before leaving the cubical and of course washing hands.

Play dress up. Princesses, pirates, astronauts, being mum or dad. Great for learning how to get dressed independently. Practise carrying your school bag.

Getting Active!

I can …



hop



balance on one leg



skip



catch a ball

Practise these ways to get active. If your child can do them independently give it a tick. If they are still practising, great, try some of these fun activities below.

Ways to practise getting active…

Can you make an obstacle course in the garden?

How can you go over and under things?

Can you chalk out and play hopscotch?

Great for jumping, hopping, balancing and number recognition.

Try Cosmic Yoga together.

Great for improving listening and attention, balance, coordination and strength. Great stories too. Find it on You Tube.

Party games such as Captains Coming or Simon Says!

Having fun with maths!

We will be learning about shapes, numbers, counting and much more at school. Why don't you have fun playing these games at home too! Colour in the speech bubbles of the games you play. Draw a smiley face if you enjoyed it.

Can you count how many cars you see when out walking or in a car park?

Find your tallest teddy and your shortest teddy

Play eye spy but with shapes. I spy a circle – it's the clock!

Can you count how many blue cars you have. How many red cars? Remember to count each one carefully.

Can you count how many cars you see when out walking or in a car park?

Can you practise singing number songs such as 5 little ducks and 10 green bottles?

Pretend to be a post person. What numbers do you recognise on peoples door or a police person writing down number plates of cars.

Listening and Reading

We love to listen to stories and non-fiction books at school, and gradually over the year you will learn how to start reading yourself. Why don't you enjoy doing some of these activities over the summer? Give them a tick or colour them in if you manage to have a go.

Playing board games.

These are great for turn taking, patience, listening and following instructions.

Enjoying a book together.

Learning how to hold a book, talking about the pictures and story.

Playing listening games.

Change I spy to I hear with my little ear a sound from the trees…

Playing the tray game.

A selection of items on a tray, look and cover. Remove an item – what's missing?

Singing the abc song.

A great way to start understanding about letters in the alphabet.

Conversations and I wonder why…?

Learning how to take turns in a conversation, waiting, and asking questions of the world around them.

Keeping little fingers busy!

Strengthening fingers and hands are really important to help children use scissors, pens, pencils, and hold small objects. Have a go at some of these activities.

Using kitchen tongs or tweezers to move objects from bowls, cups, tubs etc. Why not try moving dry pasta twirls?

Playing with Lego or other small toys.

Practise colouring their favourite pictures.

Arts and crafts. Cutting, sticking, and tearing paper.

Having fun with playdoh, plastercine, or clay.

Practise pushing dry spaghetti through an upturned colander.

Which hand do you feel is your child's dominant hand for holding pens and pencils? _____ scissors _____.

Just in case!

Just in case you want to play some maths games such as hide and seek or matching the number to a group of toys please find below numbers and shapes for you to cut out and use.

1	2	3	4
5	6	7	8
9	10	11	12

