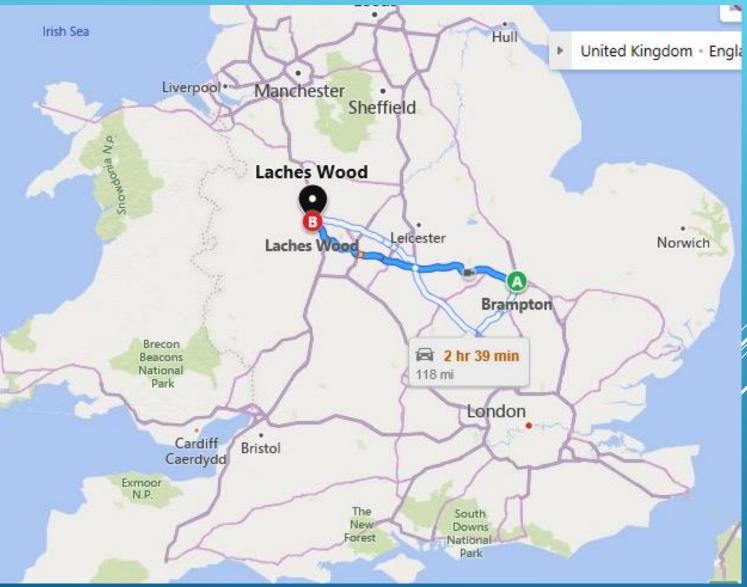
Year 6 Residential

Laches Wood Wolverhampton June 26th - June 30th 2023



Laches Wood Outdoor Centre Laches Lane Slade Heath Wolverhampton WV10 7PA



Glade Building

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LACHES WOOD Laches Wood Outdoor Education Centre, Laches

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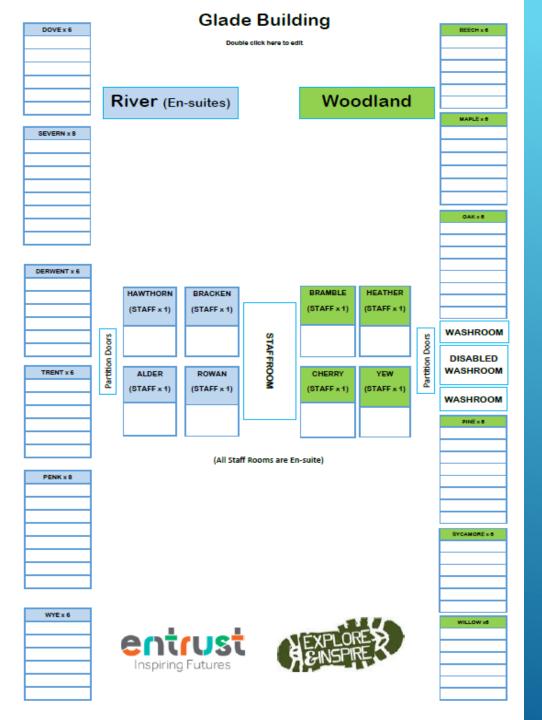
Laces Wood Outdoor Education Centre, Laces Lane, Slade Heath, Wolverhampton, WV10 7PA Who is going?

64 Children

31 girls33 boys

<u>Adults</u>

Mrs Barton (Assistant Head) Mrs Talbot (Teacher) Miss Sharpe (Teacher) Miss Glazsher (TA) Mr Steward (TA)



Accommodation



Core Activities

Archery Axe Throwing **Bushcraft** BMXing Canoeing / kayaking Climbing & Bouldering **High Ropes**

Offsite Excursions Search and Rescue









Outdoor Education Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Hash Brown, Baked Beans and Scrambled Eggs (v)	Bacon, Scrambled Eggs and Potato Waffles	Spaghetti Hoops, Omelette and Staffordshire Sausage	Hash Brown, Bacon and Plum Tomatoes	Scrambled Egg, Staffordshire Sausage and Baked Beans	
	Also a vailable -		ancakes Toast and Crumpets v ice, Milk, Yoghurt and Fresh Fi	with Butter, Marmalade & Jan ruit	1. Tea,	
Lunch	Selection of Sandv	viches or Baps, Crisps,	Piece of Fruit, Biscuit (or Homemade Tray Bal	ke and a Cold Drink	
Dinner	Pork Sausage with Mashed Potato, Gravy and a Yorkie Quorn Sausage with Mash Potato and Gravy (v) Jacket Potato with a Selection of Toppings	Pasta King with a choice of Toppings Vegetable Bolognaise & Garlic Bread (v) Jacket Potato with a Selection of Toppings	Chicken Pie with Roast Potatoes and Gravy Quorn Fillet Roast with Roast Potatoes and Gravy (v) Jacket Potato with a Selection of Toppings	Fish Fingers with Potato Wedges Cheese and Tomato Pizza (v) Jacket Potato with a Selection of Toppings		
Vegetables	Carrots, Peas & Mixed Salad	Peas, Sweetcorn & Mixed Salad	Carrots, Broccoli & Mixed Salad	House Slaw, Sweetcorn & Mixed Salad		
Dessert	Chocolate Crunch with Fresh Custard	Pineapple Upside Down Cake	Apple Crumble with Fresh Custard	Warm Jam Sponge		
		A choice of Jelly, Mousse or Fresh Fruit will be available as an alternative to the dessert				
Extras	(V) Vegetarian		Hot Chocolate and Biscuits			

Outdo	or Educat	entrust Inspiring Futures	in partnership with EAT LEARN LIVE		
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Hash Browns Baked Beans	Potato Waffles	Spaghetti Hoops	Hash Browns Plum Tomatoes	Baked Beans
		То	ast, Teacakes and Crumpets	Available Daily	
	Picnic Box Selection of Sandwiches or Baps, Crisps, Piece of Fruit, Biscuit or Homemade Tray Bake and a Cold Drink The Range will be from an Vegan Menu				
Dinner	Linda McCartney Sausages with Mash Potato, Gravy (v)	Vegetable Bolognese (v)	Linda McCartney Sausage or Vegan Nuggets with Roast Potatoes and Gravy (v)	Jacket Wedges	
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	
Vegetables	Carrots Peas Mixed Salad	Peas Sweetcorn Mixed Salad	Carrots Broccoli Mixed Salad	House Slaw Sweetcorn Mixed Salad	
Dessert	Chocolate Shortbread	Pineapple Slices with Custard	Apple and Berry Crumble	Fruit in Jelly	

Outdoo	r Educatio		in portnership with EAT LEARN LIVE		
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Hash Browns Baked Beans Scrambled Egg (v)	Scrambled Egg Potato Waffles Bacon	Mini Omelette Spaghetti Hoops Pork Sausage	Hash Browns Bacon Plum Tomatoes	Scrambled Egg Sausage Baked Beans
		То	ast, Teacakes and Crumpets	Available Daily	
Lunch	Picnic Box Selectio		aps, Crisps, Piece of Fru Cold Drink e will be from an Nut-f		de Tray Bake and a
Dinner	Pork Sausages with Mash Potato, Gravy and a Yorkie or Quorn Sausages with Mash Potato and Gravy Jacket Potato with a Selection of Toppings	Pasta King with Various Toppings or Vegetable Bolognese (v) Jacket Potato with a Selection of Toppings	Roast Turkey with Roast Potatoes and Gravy or Quorn Fillet Roast with Gravy (v) Jacket Potato with a Selection of Toppings	Fish Fingers with Plain Jacket Wedges (v) or Cheese & Tomato Pizza Jacket Potato with a Selection of Toppings	
Vegetables	Carrots Peas Mixed Salad	Peas Sweetcorn Mixed Salad	Carrots Broccoli Mixed Salad	House Slaw Sweetcorn Mixed Salad	
Dessert	Chocolate Crunch with Fresh Custard	Pineapple Upside Down Pudding	Apple and Berry Crumble with Fresh Custard	Jam Sponge	

Outdoor Education Milk-free Menu entrust in partnership Chartwells EAT LEARN LIVE Hash Browns Bacon Pork Sausage Hash Browns Pork Sausage Baked Beans Potato Waffles Spaghetti Hoops Bacon Baked Beans Scrambled Egg Scrambled Egg (v) Plum Tomatoes Scrambled Egg Lunch Picnic Box Selection of Sandwiches or Baps, Crisps, Piece of Fruit, Biscuit or Homemade Tray Bake and a Cold Drink The Range will be from an Milk-free Menu Dinner Vegetable Bolognese Cod Fish Fingers with Pork Sausages with Mash Roast Turkey Potato and Gravy with Wholemeal Pasta with Roast Potatoes and Cajun Jacket Wedges (v) Gravy (v) Jacket Potato with a Jacket Potato with a Jacket Potato with a Jacket Potato with a Selection of Toppings Selection of Toppings Selection of Toppings Selection of Toppings Dessert Chocolate Crunch Pineapple Upside Down Apple and Berry Crumble Strawberry Swirl Sponge Pudding

Outdoo	or Education		in partnership with EAT LEARN LIVE		
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Hash Browns Baked Beans Scrambled Egg (v)	Scrambled Egg Bacon Potato Waffles	Mini Omelette Chicken Sausage	Hash Browns Bacon Plum Tomatoes	Scrambled Egg Chicken Sausage Baked Beans
Lunch	Picnic Box Selection	on of Sandwiches or Ba The Range	ips, Crisps, Piece of Fru Cold Drink will be from an Gluten		de Tray Bake and a
Dinner	Chicken Sausages with Creamed Potatoes and Gravy	Vegetable Bolognese (v)	Roast Turkey with Roast Potatoes	Cod Fish Fingers with Cajun Jacket Wedges (v)	
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	
Vegetable	s Carrots Peas	Peas Sweetcorn	Carrots Broccoli	House Slaw Sweetcorn	
Dessert	Fruit & Jelly	Fresh Fruit	Baked Apple with Fresh Custard	Banana & Custard	

Outdoo	r Educatio	on Egg-fre	entrust in portnorship EAT LEARN LIVE		
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Hash Browns Baked Beans (v)	Bacon Potato Waffles	Pork Sausage Spaghetti Hoops	Hash Browns Bacon Plum Tomatoes	Pork Sausage Baked Beans
Lunch	Picnic Box Selection of Sandwiches or Baps, Crisps, Piece of Fruit, Biscuit or Homemade Tray Bake and a Cold Drink The Range will be from an Egg-free Menu				
Dinner	Pork Sausage with Creamed Potatoes and Gravy	Jacket Potato with Baked Beans or Tuna (v)	Roast Turkey with Roast Potatoes and Gravy	Cod Fish Fingers with Cajun Jacket Wedges (v)	
	Jacket Potato with a Selection of Toppings		Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	
Vegetables	Carrots Peas	Peas Sweetcorn	Carrots Broccoli	House Slaw Sweetcorn	
Dessert	Fruit & Jelly	Fresh Fruit	Apple and Berry Crumble with Fresh Custard	Banana & Custard	

Daily Routine

0730 Rise 0800 Breakfast 0830 Duties 0915 Morning Inspection 0930 - 1230 Morning Session 1230 - 1345 Lunch 1345 - 1645 Afternoon session 1700 Evening Meal 1800 Duties 1915 - 2100 Evening Session

DUTIES:

An integral part of the residential experience is social learning. All pupils and students are required to undertake a share of cleaning. Pupils are usually divided into groups of 5– 8 for the purpose of meals and duties. The latter are undertaken twice a day and usually take about 15 minutes each time. Duties are checked by centre staff and visiting leaders, and an incentive scheme operates in the case of pupils. The co-operation of older students is sought, with regard to the cleanliness of the building, which requires their thought and consideration, as well as their assistance in what could otherwise be a difficult task.

MORNING INSPECTION:

The only effective way of ensuring adequate standards of tidiness of dormitories is by way of a morning inspection and this is carried out each morning. Each pupil/student is responsible for making his/her own bed and the cleanliness of the surrounding area.

Timetable of Activities

		A+B	C+D	E+F	G+H		
	Morning 10:30am – 12.30		10:30am - Arrive and introduc	tions Settle into the centre	<u>AT2</u>		
Monday	Afternoon 1.45pm – 5pm	Caving Biking	Biking Caving	Archery Axe Throwing	Axe Throwing Archery		
	Evening 7pm – 8pm		Photo 1	Trail			
	Morning 9.30am – 12.30	High Ropes	High Ropes	Bushcraft	Bushcraft		
Tuesday	Afternoon 1.45pm – 5pm	Bushcraft	Bushcraft	High Ropes	High Ropes		
	Evening 7pm – 8pm		Scavenge	er Hunt			
	Morning 9.30am – 12.30		Gailey I A-D Morning Walk to Lake – Afte	•			
Wednesday	Afternoon 1.45pm – 5pm	E-H – Morning Sailing and Canoeing – Afternoon Walk back to Centre					
	Evening 7pm – 8pm		Camp	fire			
	Morning 9.30am – 12.30	Climbing Rock Room	Rock Room Climbing	Search and Rescue	Search and Rescue		
Thursday	Afternoon 1.45pm – 5pm	Search and Rescue	Search and Rescue	Climbing Rock Room	Rock Room Climbing		
	Evening 7pm – 8pm	Global Domination					
Friday	Morning 9.30am – 12.30	Archery Axe Throwing	Axe Throwing Archery	Caving Biking	Biking Caving		
	Afternoon	Depart – 1:30pm					

Brampton Village Primary School Code

Our 6Rs are built around respect - respect for ourselves, others and our school.

We expect everyone to show these values at all times when they are at our school and for everyone to play their part.

show good manners at all times
not shout or use bad language
respect other peoples' property
show consideration for
everyone
readily follow instructions
given by an adult
stay with the group and not
wander off

The aim is to preserve the good name of the school and to ensure all pupils behave in an acceptable and courteous manner.

Show	Respect
Ве	Resourceful
Show	Reciprocity
Have	Resilience
Ве	Responsible
Be	Reflective

keep all rooms tidy
behave sensibly whilst in their rooms
always walk inside the accommodation block
enter only your dormitory
use good table manners at meal times
say only positive things or say nothing

Following this code will ensure a happy and successful visit for all.

ORGANISING YOURSELF

- In bedrooms
- Clothing and kit
- Planning ahead
- Cleaning up afterwards

ACCEPTING RESPONSIBILITY

- Completing duty tasks
- Showing a mature attitude
- Recognition of limitations

UNDERSTANDING GREEN ISSUES

- Country code
- Recycling
- Avoiding litter

CONSIDERATION FOR OTHERS

- Around the Centre
- In public
- Helping each other

BEING SOCIABLE AND THOUGHTFUL

- Living with friends
- Respecting others
- Dealing with any conflicts

PERSONAL DISCIPLINE

- Thinking safe and being safe
- Good timekeeping
- Acceptable behaviour

MANNERS AND POLITENESS

- With each other and leaders
- During activity sessions
- In the dining room
- During casual conversations

COMMUNICATION SKILLS

- Listening skills
- Understanding
- Contributing

CARE OF BORROWED EQUIPMENT

- Safe usage
- Correct storage
- Return clean and undamaged

LOOKING AFTER YOURSELF

- Hygiene
- Care of personal clothing
- Sensible eating and resting

HELPING YOU ACHIEVE

- A positive attitude
- Making a real effort
- Celebrating success

WORKING AS A TEAM

- Co-operation
- Contributing
- Encouraging



Brampton Village Primary School, Brampton, Huntingdon, Cambs. PE28 4RF



Telephone 01480 375063 office@brampton.cambs.sch.uk

Headteacher: Mr Peter Allen

Please ensure both pages of this form are completed and returned to your child's class teacher by: Friday 14th May 2021.

Residential Trip Parental Consent and Medical Form

To be completed by parents or guardians on behalf of the young person.

Details and date of visit:	Laches Wood Outdoor Education Centre
	Monday 21 st June – Friday 25 th June 2021
Name of child attending:	
Child's Date of Birth:	
Address:	
First Contact:	
Parent/Guardian name:	
-	

Parental Declaration					
(Please tick as appropriate and sign at the bottom of the page)					
I am aware of the nature of the programme that my child is about to take part in, and I understand that I can seek more detailed information from Mr Church (Brampton Village Primary School) or					
Laches Wood Outdoor Education Centre (<u>https://www.entrustoutdoors.co.uk/laches-wood</u>).					
I give consent for my child to take part in all activities organised by the staff in connection with the programme.					
I consent to my child receiving medical treatment in the event of an emergency.					
Signed: Print Name: Date:					
	(Please tick as a I am aware of the nature of the progr that I can seek more detailed informa Laches Wood Outdoor Education Cen I give consent for my child to take par programme. I consent to my child receiving medica	(Please tick as appropriate and sign at the bottom of the pa I am aware of the nature of the programme that my child is about to take p that I can seek more detailed information from Mr Church (Brampton Villag Laches Wood Outdoor Education Centre (<u>https://www.entrustoutdoors.co.</u> I give consent for my child to take part in all activities organised by the staff programme. I consent to my child receiving medical treatment in the event of an emerge	(Please tick as appropriate and sign at the bottom of the page) I am aware of the nature of the programme that my child is about to take part in, and I understand that I can seek more detailed information from Mr Church (Brampton Village Primary School) or Laches Wood Outdoor Education Centre (<u>https://www.entrustoutdoors.co.uk/laches-wood</u>). I give consent for my child to take part in all activities organised by the staff in connection with the programme. I consent to my child receiving medical treatment in the event of an emergency.		

Important If anything changes in your child's medical information after you have submitted the forms, please inform us prior to the trip.

What to take

- Single duvet cover
- Bottom sheet
- Pillowcase x 2
- T Shirts (short and long sleeve)
- Underwear
- Socks including warm, long socks
- Trousers
- Tracksuit bottoms
- Shorts
- Warm jumper
- Outdoor trainers
- Old outdoor trainers that can be used during water activities
- Indoor trainers
- Wellingtons / walking boots
 - Pupils are allowed 1 luggage bag and must be able to move it themselves

Please label everything

- Wash kit / toiletries
- Towel x 2
- Torch and batteries
- Water Bottle
- Plastic bags for wet / dirty clothes
- Snack for coach
- Lunch for first day
- Book / Top Trumps / activity for the coach



Please remember to **label** all medication clearly with your child's name.

All medication **must be in original, labelled containers** with clear instructions.

All medication must be handed in to school staff on arrival.

Important points

 It is not necessary to go out and buy lots of new and expensive things for the visit as we are likely to get very wet and mucky.
 Old but comfortable is ideal !

•Entrust Outdoors will provide all specialist and safety equipment required for the activities

Please label everything!

•Tick off the checklist and send it with your child. This will help the children re-pack at the end of the trip.

•The children will be expected to carry their own bags to the accommodation so make sure they can manage it all independently!

What not to take:

Please do not bring items such as :

- Mobile Phone / Personal stereo / iPods
- Electronic games of any description
- Any additional money
- Any valuables
- Any jewellery other than what is normally worn at school

 Any food (including sweets) other than a snack for the coach journey and lunch for the first day

The centre is a mobile-free zone,

Day of Departure

- •Arrive at school: Monday 26th June 7.30am (Sorry!)
- •Bring a snack and water bottle in back-pack.
- •Bring lunch for arrival day.
- •Bring a book / Top Trumps etc. to play on coach.
- •Medication MUST BE IN ORGINAL CONTAINER with written instructions) and be handed in on arrival.
- •Luggage (1 Bag) including bedding (duvet cover, bottom sheet and 2 pillow ases

•If it is not raining, please leave luggage outside next to mural to be logded directly onto coach

•No valuables / No money / No food (including sweets) / No electronic devices

Information for you

Please ensure you have copies of the important information sheet
These slides and information sheet will be available from the school website.



Brampton Village Primary School, Brampton, Huntingdon, Cambs, PE28 4RF



Telephone 01480 375063 office@brampton.cambs.sch.uk

Headteacher: Mr Peter Allen

Year 6 Residential Trip (26th - 30th June 2023)

Information for Parents

Venue Laches Wood Outdoor Centre Laches Lane Slade Heath Wolverhampton WV10 7PA

Departure Date: Monday 26th June 2023

Arrive at school – 7.30am

Enter through the main door for registration and to complete medication forms

Children to then go into KS2 hall – parents to wait outside

(If it is not raining, we will leave luggage outside to go directly onto the coach)

Depart Brampton - 8 - 8:30am

What to Bring

Snack, lunch and water bottle in a backpack. Book / Top Trumps etc. to play on coach. Luggage (see kit list) & Bedding (duvet cover, bottom sheet and 2 pillowcases)

Medication

Must be in original container with written instructions and be handed in on arrival to a member of staff

Don't Bring Valuables / Mobile Phones / Electronic devices / Money / food (including sweets)

Return Date: Friday 30th June

Depart Laches Wood – 1.30pm Estimated arrival back in Brampton between 4pm – 4.30pm (Dependent on traffic)

Emergency Contact Numbers

During school hours - School office - 01480 375063 After school hours - School mobile - 07786 419865 Kit List 2023

The checklist below has been compiled to help you prepare for your visit. It is not necessary to buy lots of new and expensive things for the visit as they will get wet and mucky.

Please label all items with your child's full name

ltem	Number packed	Packed at home	Packed at Centre
Single duvet cover			
Pillowcase x 2			
Bottom sheet			
Short-sleeve T-shirt			
Long-sleeve T-shirt			
Underwear			
Socks including warm, long			
socks			
Trousers			
Tracksuit bottoms			
Shorts			
Warm jumper			
Outdoor trainers			
Old outdoor trainers that			
can be used during water			
activities			
Indoor trainers			
Wellingtons / walking boots			
Waterproof jacket			
Waterproof trousers			
Hat			
Gloves			
Scarf			
Sun hat / cap			
Sun cream			
Sunglasses			
Wash kit / toiletries			
Towel x 2			
Torch and batteries			
Water Bottle			
Plastic bags for wet / dirty			
clothes			
Snack and lunch			
Book etc for coach			

Remember...

- Please remember to label all medication clearly with your child's name.
- · All medication must be in original, labelled containers with clear instructions.
- All medication must be handed in to school staff on arrival.
- Do not bring money
- Do not bring a mobile phone
- Do not bring any valuable items
- Do not bring electronic devices
- · Do not bring any food other than snacks for the coach journey

Further Information

Laches Wood Website

Our Centres | Entrust (entrust-ed.co.uk)

Laches Wood Video

https://www.youtube.com/watch?v=TuiBFJODwzs

Any Questions ?