

# FOOD FESTIVAL

By Aspens

DATES: 12/9/22. 3/10/22

WEEK ONE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	BBQ Chicken Pizza Crudites	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Roast Chicken Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	Fish Fingers Salmon or Pollock Chips and Baked Beans
Option 2	Margherita Pizza Crudites	Super Veggie Burger in a Bun Oven Baked Wedges Coleslaw	Chicken Sausage Roasties and Fresh Vegetables Gravy	Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green Beans	Baked Beans & Vegetable Dippers Chips
Halal	BBQ Chicken Pizza Crudites	Beef Burger in a Bun Baked Wedges	Chicken Sausage Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	
Option 3	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Option 4	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich
The Finale	Warm Pineapple with Vanilla Ice Cream	Carrot Muffin	Chocolate Brownie	Strawberry Mousse with Peach	Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ♡ Veggie    ◆ Jacket Potato    ■ Packed Lunch



# FOOD FESTIVAL

By Aspens

DATES: 19/9/22. 3/10/22

WEEK TWO

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	<b>Creamy Chicken Pasta Bake</b> Whole Grain Penne Garlic Slice Green Salad	<b>Sausage &amp; Mash</b> Carrots	<b>Roast Chicken &amp; Stuffing</b> Roasties and Fresh Vegetables Gravy	<b>Beef Lasagne</b> Potato Wedges Rainbow Slaw	<b>Baked Breaded Fish</b> Chips and Mushy Peas
Option 2	<b>Veggie Bolognese</b> Whole Grain Penne Garlic Slice Green Salad	<b>Baked Bean &amp; Veggie Sausage Cowboy Pie</b> Carrots	<b>Cheese &amp; Spring Onion Pastry Slice</b> Roasties and Fresh Vegetables Gravy	<b>Veggie Nachos &amp; Cheese</b> Potato Wedges Rainbow Slaw	<b>Carrot &amp; Potato Cakes Homemade Tomato sauce</b> Chips and Mushy Peas
Halal	<b>Creamy Chicken Pasta Bake</b> Whole Grain Penne Garlic Slice Green Salad	<b>Chicken Sausage Cowboy Pie</b> Carrots	<b>Roast Chicken &amp; Stuffing</b> Roasties and Fresh Vegetables Gravy	<b>Beef Lasagne</b> Potato Wedges Rainbow Slaw	
Option 3	<b>Cheese Sandwich</b>	<b>Cheese Sandwich</b>	<b>Cheese Sandwich</b>	<b>Cheese Sandwich</b>	<b>Cheese Sandwich</b>
Option 4	<b>Tuna Sandwich</b>	<b>Ham Sandwich</b>	<b>Tuna Sandwich</b>	<b>Ham Sandwich</b>	<b>Tuna Sandwich</b>
The Finale	<b>Shortbread Biscuit</b>	<b>Apple Pie &amp; Custard</b>	<b>Chocolate &amp; Marshmallow Cake</b>	<b>Banana Muffin</b>	<b>Fruity Flapjack</b>

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch



# FOOD FESTIVAL

By Aspens

DATES: 5/9/22. 26/9/22. 16/10/22

WEEK  
THREE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Meatball, Pasta & Garlic Bread Traybake Sweetcorn ▲	Sticky Baked Bangers & Mash Green Beans Gravy ▲	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy ▲	Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli ▲	Fish Fingers Salmon or Pollock Chips and Peas
Option 2	Tomato & Mozzarella Gnocchi Garlic Slice Sweetcorn ▼	Sticky Veggie Bangers & Mash Green Beans Gravy ▼	Quorn Roast Roasties and Fresh Vegetables Gravy ▼	Crunchy Topped Macaroni Cheese Broccoli ▼	Veggie Croquettes Chips and Peas ▼
Halal	Meatball, Pasta & Garlic Bread Traybake Sweetcorn	Sticky Baked Bangers & Mash Green Beans Gravy	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli	
Option 3	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich ◆
Option 4	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich ■
The Finale	Chocolate Mousse with Mandarin	Sultana Cookie	Vanilla Sprinkle Sponge	Fruit Jelly Pot	Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch