

FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

WEEK ONE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	BBQ Chicken Pizza Crudites	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Roast Gammon Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	Fish Fingers Chips and Baked Beans
Option 2	Margherita Pizza Crudites	Super Veggie Burger in a Bun Oven Baked Wedges Coleslaw	^{Veggie} Chicken Sausage Roasties and Fresh Vegetables Gravy	Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green Beans	Baked Beans & Vegetable Dippers Chips
Option 5 Halal	BBQ Chicken Pizza Crudites	Chicken Burger in a Bun Baked Wedges	Chicken Sausage Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	
Option 3	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Option 4	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich
The Finale	Warm Pineapple with Vanilla Ice Cream	Slicky Gingerbread Cake	Chocolate Brownie	Strawberry Mousse with Peach	Oat Cookie

▲ Meat

▼ Veggie



■ Packed Lunch

FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Creamy Chicken Pasta Bake Whole Grain Penne Garlic Slice Green Salad	BBQ Pulled Pork & Mash Carrots	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Beef Lasagne Potato Wedges Rainbow Slaw	Fish Fingers Chips and Mushy Peas
Option 2	Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad	Baked Bean & Veggie Sausage Cowboy Pie Carrots	Cheese & Spring Onion Pastry Slice Roasties and Fresh Vegetables Gravy	Veggie Nachos & Cheese Potato Wedges Rainbow Slaw	Carrot & Potato Cakes Homemade Tomato sauce Chips and Mushy Peas
Option 5 Halal	Creamy Chicken Pasta Bake Whole Grain Penne Garlic Slice Green Salad	Chicken Sausage Cowboy Pie Carrots	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Beef Lasagne Potato Wedges Rainbow Slaw	
Option 3	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Option 4	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich
The Finale	Peach Puff Pastry Slice & Custard	Rice Krispie Cakes	Chocolate & Marshmallow Cake	Apple Pie & Custard	Fruity Flapjack



Meat



Veggie



Packed Lunch

FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

WEEK
THREE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Meatball, Pasta & Garlic Bread Traybake Sweetcorn ▲	Sticky Baked Bangers & Mash Green Beans Gravy ▲	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy ▲	Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli ▲	Fish Fingers Chips and Peas
Option 2	Tomato & Mozzarella Gnocchi Garlic Slice Sweetcorn ▼	Sticky Veggie Bangers & Mash Green Beans Gravy ▼	Quorn Roast Roasties and Fresh Vegetables Gravy ▼	Crunchy Topped Macaroni Cheese Broccoli ▼	Veggie Croquettes Chips and Peas ▼
Option 5 Halal	Chicken Meatball, Pasta & Garlic Bread Traybake Sweetcorn	Sticky Baked Bangers & Mash Green Beans Gravy	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli	
Option 3	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich ◆
Option 4	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich ■
The Finale	Chocolate Mousse with Mandarin	Sticky Toffee Pudding & Custard	Vanilla Sprinkle Sponge	Apple Crumble with Custard	Ginger Cookie

▲ Meat

▼ Veggie



■ Packed Lunch