

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

MONDAY  
Authentic  
Italian

TUESDAY  
Family  
Faves

WEDNESDAY  
Baking  
British

THURSDAY  
Food  
Festival

FRIDAY  
Fun  
Day

Cheese and Tomato  
Pasta Bake



Wholewheat penne  
with the ultimate  
tomato sauce topped  
with cheese

All Day  
Breakfast



Grilled sausage, egg,  
beans, tomato and  
hash brown

Roast Chicken  
and Gravy with  
Mash



Chicken fillets with  
mash, stuffing and  
gravy

Chicken Curry  
and Rice



Marinated chicken  
thigh pieces in a  
buttery curry sauce  
with rice

Cod or Salmon Fish  
Fingers and Chips

MSC salmon  
fish fingers with chips  
and peas

Quorn Meatballs  
and Spaghetti



Quorn meatballs in a  
tasty tomato sauce  
with wholewheat  
spaghetti

Veggie All Day  
Breakfast



Veggie sausage, egg,  
beans, tomato and  
hash brown

Quorn Roast and  
Gravy with Mash



Quorn roast with  
mash, sage and onion  
stuffing  
and gravy

Cauliflower and  
Lentil Jalfrezi and  
Rice



Lightly spiced  
cauliflower and lentil  
curry with rice

Cheese and Bean  
Wrap and Chips



Half a wholewheat  
wrap stuffed with  
baked beans and  
cheese

Pick and Mix Deli – Freshly Filled Sandwich or Roll,  
Healthy Snack, Home Bake and Piece of Fruit



Jacket Potato with Toppings



Italian Crumble  
Cake

Crumble base filled  
with apples topped  
with even more  
crumble

Winter  
Sponge

Orange and cinnamon  
sponge with a twist!

Fruity  
Loaf

Mixed dried fruit cake  
with soft brown sugar  
and cinnamon

Apple Muffins

Baked muffin with  
apple

Lemon  
Cookie

Zesty lemon cookie with  
juicy fruit

Served with  
seasonal  
vegetables

Freshly Baked  
Bread

Yogurt Dessert  
option

Allergy  
information  
is available

Fresh Fruit  
Served daily



w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

MONDAY  
Authentic  
Italian

TUESDAY  
Family  
Faves

WEDNESDAY  
Baking  
British

THURSDAY  
Food  
Festival

FRIDAY  
Fun  
Day

Cheese and Tomato  
Pizza

Pizza topped with  
tomato sauce and  
cheese

Beef  
Lasagne

Layers of pasta with  
minced beef and  
tomato sauce topped  
with cheese

Sausage with  
Mash

Pork sausage with mash  
and gravy

All American Turkey  
Burger and  
Wedges

Lean minced turkey  
patty with BBQ sauce  
in a bun with lime  
potato wedges

Golden Fish Fingers  
and Chips

MSC pollock  
fish fingers with chips

Tomato and Roasted  
Veggie Risotto

Roasted peppers,  
courgettes and  
tomatoes with  
edamame beans and  
rice

Vegetable  
Lasagne

Layers of pasta with  
vegetables and  
tomato sauce topped  
with cheese

Quorn Sausage with  
Mash

Quorn sausage with  
Mash and gravy

Wholemeal Penne  
Pasta  
Neapolitan

Freshly cooked pasta  
with chunky tomato  
sauce

Sticky Onion and  
Cheddar Quiche  
and Chips

Wholemeal pastry  
with a caramelised  
onion and cheddar  
filling.

Pick and Mix Deli – Freshly Filled Sandwich or Roll,  
Healthy Snack, Home Bake and Piece of Fruit

Jacket Potato with Toppings

Tiramisu

Soft cheese and  
cream layers with  
sponge and cocoa

Flapjack

Homemade Flapjack

Apple and Berry  
Crumble

Baked apples and  
berries topped with an  
oaty crumble

Mexican Chocolate  
Pudding

Chocolate and  
cinnamon flavoured  
sponge and sauce..

Ginger Cookie and  
Fruit Slices

Ginger Cookie with  
juicy fruit

Served with  
seasonal  
vegetables

Freshly Baked  
Bread

Yogurt Dessert  
option

Allergy  
information  
is available

Fresh Fruit  
Served daily

Main  
Event

Vegetarian  
Section

Packed Lunch

Jacket  
Potatoes

The Finale

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch



w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK  
THREE

MONDAY  
Authentic  
Italian

TUESDAY  
Family  
Faves

WEDNESDAY  
Baking  
British

THURSDAY  
Food  
Festival

FRIDAY  
Fun  
Day

Main  
Event

Macaroni  
Cheese



Baked cheesy pasta  
with a crunchy topping

Minced Beef  
Pie



Minced beef and  
carrot pie with gravy  
and mash

Roast Chicken  
and Gravy with  
Roast Potatoes



Chicken fillets with roast  
potatoes, sage and  
onion stuffing and  
gravy

Hot Dog and  
BBQ Beans



Hot Dog sausage in a  
roll with BBQ flavoured  
beans

Golden Fish Fingers  
and Chips

MSC pollock  
fish fingers with chips

Served with  
seasonal  
vegetables

Freshly Baked  
Bread

Yogurt Dessert  
option

Allergy  
information  
is available

Fresh Fruit  
Served daily

Vegetarian  
Section

Quorn  
Bolognese



Quorn, vegetable and  
tomato sauce with  
wholewheat spaghetti

Tomato and Cheese  
Puff pastry parcels



Cheese and Tomato in  
a puff pastry case

Quorn Roast and  
Gravy with Roast  
Potatoes



Quorn Roast with  
Roast potatoes, sage  
and onion stuffing  
and gravy

Veggie Dog and  
BBQ Beans



Veggie sausage in a  
roll with BBQ flavoured  
beans

Cheese & Tomato  
Pinwheel with Chips



Baked bread base  
with cheese and  
tomato filling with  
chips

Packed Lunch

Pick and Mix Deli – Freshly Filled Sandwich or Roll,  
Healthy Snack, Home Bake and Piece of Fruit



Jacket  
Potatoes

Jacket Potato with Toppings



The Finale

Lemon Drizzle  
Flapjack

Oaty flapjack topped  
with a lemon drizzle

Sticky Ginger  
Cake

Traditional sticky ginger  
sponge with custard.

Selection Puddings

Jelly, traybake of the  
day, yogurt and fruit

Vanilla and  
Blueberry Blondie

Chewy, fruity traybake  
with vanilla and  
blueberries

Oaty Energy  
Cookie

Oat Cookie with juicy  
fruit



Meat



Veggie



Jacket Potato



Packed Lunch